

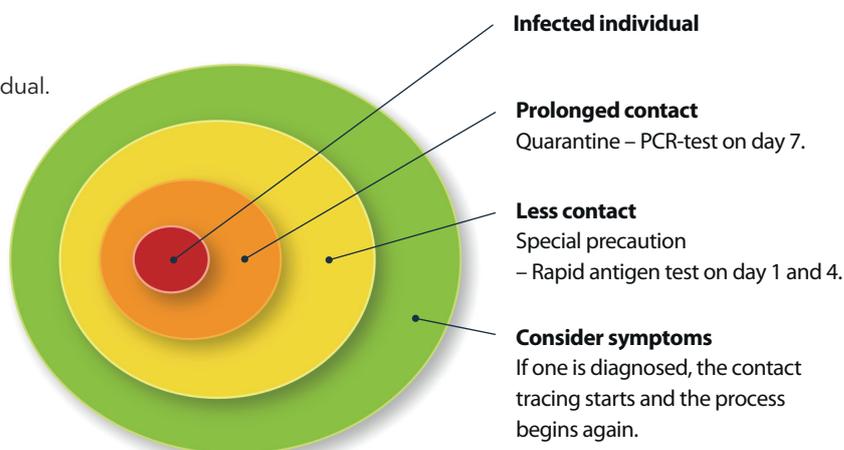
# Contact tracing and quarantine

**Instructions for contact tracing in workplaces. It is recommended to divide areas into compartments as much as possible and to limit movement between compartments as much as possible. The purpose is to reduce the spread of COVID-19.**

Contact tracing is based on contact on the day before the individual developed symptoms or the day before testing if they are asymptomatic. Those individuals who have been exposed to COVID-19 infection must be quarantined.

## General criteria used to assess the need for quarantine

- If contact (exposure) was longer than 15 minutes at a time and proximity was less than two metres.
- Intimate contact (e.g. hugging).
- Repeated contact with the infected individual.
  - Even if the contact lasted less than 15 minutes.
  - Extended stay in the same indoor space at home/workplace.
  - Repeated contact.
  - Many common contact surfaces.



## If an employee is diagnosed with COVID-19

- **Isolation** is for those with a confirmed COVID-19 infection (red). ●
- **Quarantine** includes those with whom the infected individual had the most contact (orange). ●
  - Employees who had prolonged contact with the infected individual.
  - Worked in the same space, if it was enclosed or poorly ventilated.
  - Shared lunch or coffee breaks.
    - Undergo quarantine and testing after 7 days.
- **Special precaution** includes the following (yellow). ●
  - Had contact with the infected individual that is not considered prolonged.
  - Shared a compartment.
  - Shared a workspace, but it was well ventilated and with no proximity except for a short period of time.
    - Maintain special precaution and can continue to attend work.
    - Rapid antigen test the day after the infection is discovered and again in four days.
- If an individual is diagnosed positive with a rapid antigen test, they go into isolation and receive a bar code and a notification for a PCR test. Contact tracing begins if the results of the PCR test is positive.
- **Be mindful** (green). ●
  - Had little to no contact with the infected individual.
  - Same compartment, but not at the same time in places like the break room.
  - No quarantine and no tests.
  - Monitor symptoms.
- If an individual in the green circle is diagnosed, the contact tracing process begins.

**The decision to quarantine is always in the hands of the Chief Epidemiologist's Tracing Team and the Department of Civil Protection. Here we try to explain the basic objectives of the team. The circumstances of each case are assessed, and the decision of the Tracing Team, which can be appealed to the courts, applies. An appeal will not postpone implementation.**

