

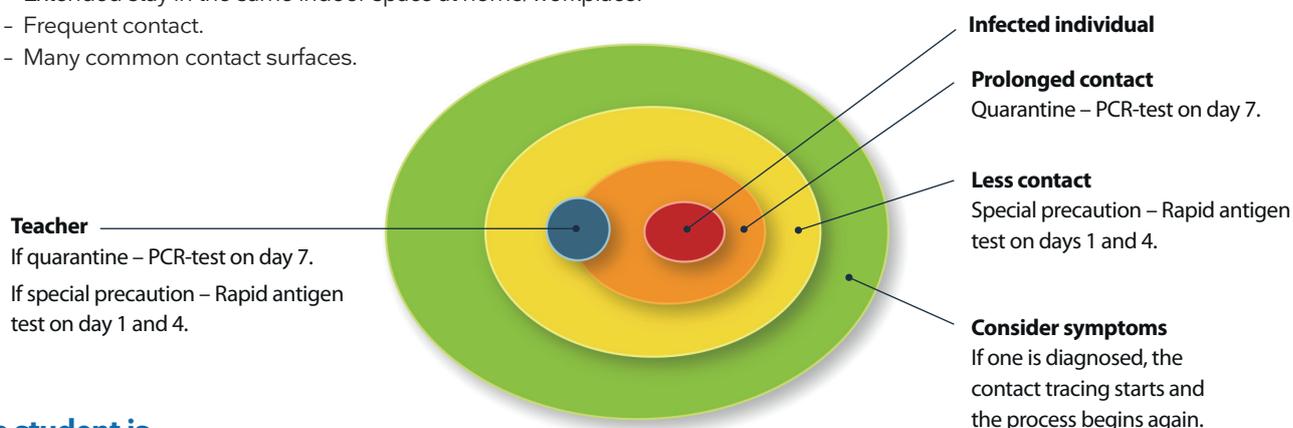
# Contact tracing and quarantine

**Guidance on contact tracing for school administrators and staff. It is recommended to divide areas into compartments as much as possible and to limit movement between compartments as much as possible. The purpose is to reduce the spread of COVID-19.**

Contact tracing is based on contact on the day before the individual developed symptoms or the day before testing if they are asymptomatic. A person who may have been infected with COVID-19 must be quarantined.

## General criteria used to assess the need for quarantine

- If contact (exposure) was longer than 15 minutes at a time and proximity was less than two metres.
- Intimate contact (hugging, kissing).
- Repeated contact with the infected individual, even if the contact lasted less than 15 minutes.
  - Extended stay in the same indoor space at home/workplace.
  - Frequent contact.
  - Many common contact surfaces.



## If a student is diagnosed with COVID-19

- **Isolation** is for those with a confirmed COVID-19 infection (red). ●
- **Quarantine** includes those with whom the infected individual had the most contact (orange). ●
  - Sat at the same desk.
  - Were in the same working group.
  - Friends and played together.
  - Could be the whole class or part of it.
- Evaluation of the Tracing Team in collaboration with school administrators.
- Undergo quarantine and testing after 7 days.
- **Special precaution includes the following** (yellow). ●
  - Had contact with the infected individual that is not considered prolonged.
  - Shared a compartment.
  - Were in the same classroom with no proximity except for a short period of time.
    - Maintain special precaution and can continue to attend school.
    - Rapid antigen test the day after the infection is discovered and again in four days.
- If an individual is diagnosed positive with a rapid antigen test, they go into isolation and receive a bar code and a notification for a PCR test. Contact tracing begins when the results of that test are obtained. The school must be informed of the results of the rapid antigen test, as well as the PCR test, so that measures can be taken.

- **Be mindful** (green) ●
  - Had little to no contact with the infected individual.
  - Same compartment, but not at the same time in places like the canteen.
  - No quarantine and no tests.
  - Monitor symptoms and if they appear, get tested immediately.
- If an individual in the green circle is diagnosed, the contact tracing process begins.

## Teachers and other staff

- Usually fall into the appropriate circle depending on contact, and the same applies to them and the students.
- **If a teacher/employee is diagnosed with COVID-19.** Same general criteria used for contact tracing. The evaluation of who goes in which circle depends on their contact with those individuals/groups.

**The decision to quarantine is always in the hands of the Chief Epidemiologist's Tracing Team and the Department of Civil Protection. Here we try to explain the basic objectives of the team. The circumstances of each case are assessed, and the decision of the Tracing Team, which can be appealed to the courts, applies. An appeal will not postpone implementation.**

